



**FG International**  
Institute of Teaching

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**INTERNSHIP &  
JOB PLACEMENT**

# INTRODUCTION

**FGIIT**

One-Stop Solution For Fitness

**FG group solely works in the health & fitness sector. We provide diet & exercise plans as well as health and fitness courses. We also offer Digital Marketing courses for fitness professionals and ready - made meals for healthy living.**





# OUR FACULTIES



## 1. Dt. Gautam Jani

Mr. Gautam is a civil engineer. By passion he is a dietitian and had started practicing it in the year 2016. He is the founder of fitnesswithgomzi firm established in 2018. He has achieved many certificate from ACSM, ISSA and VLCC.



## 2. Dt. Foram Desai

Ms. Foram is a sport dietitian and Taekwondo 4 Dan Black Belt holder. She is the founder of Fitnesswithgomzi established in 2018. She is an International coach and National referee. She has an experience of 10 years coaching Taekwondo at S.D. Jain School. She has achieved certificates from ACSM, ISSA and VLCC. She is the best dietitian in Surat.



## 3. PT. Chirag Pandey

Best Personal Trainer & Faculty at FGIIT Mr. Chirag is a Mechanical engineer. By passion he is a PowerLifter, Bodybuilder, and Nutritionist and had started practicing it in the year 2017. He is Coach of fitnesswithgomzi firm established in 2018. He has achieved Certification from FGIIT.



#### 4. **Dr. Asha Jiyani**

**Owner & Founder- Care Physiotherapy and FitnessCentre Since 2015. Dr. Asha Jiyani is one of the renowned names in Surat. She is BPT MIAP and working physiotherapist for her knowledge of Physiotherapy. She has treated more than 7000 patients with her utmost knowledge about**



#### 5. **Dr. Ishaver Patel**

**Bachelor in Mech Engineering / law graduate / MBA/MSW Doctorate in Alternative Medicines Certified Diabetes educator from Indo Vietnam medical board Certified nutritional advisor Post graduation in Food safety and quality management (Running)**

## **JOB ROLE**

**Provide best service to people, clients, patients which help them to recover or enhance their performance meanwhile they learn many things about the industry.**

**To create positive environment and maintain respect and Discipline towards Organization culture and seniors.**

# **BENEFIT OF HAVING INTERNS**

## **NUTRITIONIST**

- **Passionate person who want to works as nutritionist**
- **Easy hiring solution**
- **Good PR for the company**
- **lowering the hiring cost**
- **Helping hands to seniors**

## **PERSONAL TRAINER**

- **Passionate trainer who want to work in gyms**
- **General trainer requirement fulfil**
- **Help in data entry, body analysis and training clients**
- **Helping hand to senior trainers**



# PROCESS

- Legal agreement MOU
- Each student we will provide letter to identify
- Agreement with interns
- Job posting offer
- Interns will log the whole process



**FG IIT**